Mission
The mission of the Counseling Center is:
- to provide students with counseling services that enable them to cope with personal problems that could impede successful academic performance,
- to provide students vocational/academic assessment and counseling to facilitate their choice of major,
- to provide a professional response to students in emotional crisis,
- to provide evaluation of medical and psychological reasons for requests for late course drops and semester withdrawal from the University and to consult with the Associate Deans on such cases,
- to provide consultation services to the colleges and administration of the university on situations involving students with psychological problems, and
- to be a training resource for area counseling, psychology, and social work graduate programs.

History
Many present day services evolved from those the original Counseling Center offered in 1956 such as financial aid, international student services, disability services, standardized testing, pre-admission counseling and exit interviews, as well as the personal, academic and career counseling that remain in its purview today. Initially located in Holladay Hall, the Center moved first to Peele Hall in 1967, to Harris Hall in 1976, and finally to the present location in the Student Health Services building in 1998.

People
- Eighteen clinicians, including counselors, social workers and psychologists
- Four consulting psychiatrists
- Four support staff
- Graduate interns

Activities
- 24-hour crisis intervention including walk-in and on-call services
- Evaluation and short-term personal, academic, and career counseling for individuals, groups and couples
- Psychiatry services and crisis evaluation, intervention, follow-up, and referral
- Academic consultation, including late semester withdrawal and late course drop evaluations
- Consultation to faculty and staff concerning their students
- Outreach programs, especially concerning psychological health and academic issues

Participation
- 13,618 individual personal, academic and career counseling appointments in 2011-2012
- 179 group sessions with 1,404 attendees in 2011-2012
- 205 outreach programs 8,053 total attendees in 2011-2011
- 2,877 psychiatry appointments in 2011-2012

Contact
Dr. Monica Osburn, Director | 919.515.2423
http://healthcenter.ncsu.edu/counseling-center/